

Wednesdays at UUCNH

**Weekly contemplative offerings
starting in October**

Come nourish your spirit!

1st Wednesday

Community Potluck – 6:00 p.m.

**Gather the Spirit – evening alternative worship service
7:00 p.m.**

2nd Wednesday

Mid-week Meditation Group – 7:00 p.m.

3rd Wednesday

Dance Jam/Moving Meditation – 7:00 p.m.

4th Wednesday

Mid-week Meditation Group – 7:00 p.m.

**For more information on any of these events contact
Rev. Scott Rudolph at minister@uucnh.org or 412-366-0244**